



SENEGAL

A community health worker in Kaolack, Senegal, provides counselling to women in her community about postnatal care, reproductive health, and family planning. Photo by Jonathan Torgovnik for IntraHealth International.



Supported 24 districts (30% of national coverage) to scale up the INSPiRE integration model, with local leaders mobilizing resources to further accelerate scale-up



Guided 4 private schools to achieve West African Health Organization standards and teach 1,540 nursing and midwifery students from underserved areas



Trained 285 community health workers to promote contraceptive use in their communities and facilitate referrals to health facilities

For two decades, IntraHealth International has collaborated with Senegal's government, health training institutions, and health workers to bring high-quality health services to more communities, and significantly increase new users of family planning. Our programs:

- **Provide an integrated package** of family planning, maternal, newborn, and child health, and nutrition services to mothers and children.
- **Strengthen municipal leadership** to expand and finance proven family planning and maternal, newborn, and child health solutions.
- **Increase the number of qualified, well-trained nurses and midwives** who can provide quality care to rural and hard-to-reach communities.
- **Use the power of data** to accelerate early detection of hypertension and cardiovascular disease and advocate for greater health sector funding.
- **Position local and regional organizations**, including Senegal-based Speak Up Africa, to lead critical health advocacy and programming.

INSPiRE: Women's and Newborn Health in West Africa (2017–2027)

FUNDER: Bill & Melinda Gates Foundation

IntraHealth and government stakeholders in nine Ouagadougou Partnership countries, including Senegal, developed the **INSPiRE integration model**, focusing on the four essential points of contact between mothers and children and the health system: prenatal consultation, delivery, postnatal care, and monitoring of children's growth and vaccination. The model promotes identification of family planning as well as other health needs, such as maternal and newborn nutrition practices, vaccinations, and screening for cervical and breast cancer. Implementation of this model—including training providers in integrated service provision using a hybrid on-the-job mentoring + eLearning approach—is coordinated through a technical working group in each country and a regional community of practice, encouraging local ownership and sustainability.

Between 2019-2023, the INSPIRE model's roll-out resulted in:

- An overall **123% increase in new family planning users**
- **A 275% increase in postpartum family planning use** at supported health facilities
- **A 380% increase in well-baby visits** for growth monitoring; among the children who were monitored, fewer than 1 child in 100 presented with acute malnutrition in 2023.

INSPIRE III (2023-2027) continues to advocate for and expand use of client-centered integrated services by sharing impact evaluation and cost study findings and providing technical support to national leaders and technical working groups to finance and scale the model and measure its impact on the use of antenatal, postnatal, newborn, and postpartum family planning services. **In Senegal, 24 districts (30% of national coverage) have scaled up the INSPIRE integration model**, with leaders mobilizing resources to further accelerate national scale-up.



A health worker speaks with a youth center group as part of the TCI initiative. Photo by Trevor Snapp for IntraHealth International.

The Challenge Initiative (TCI) Next Gen (2021–2025)

FUNDERS: Bill & Melinda Gates Foundation, Bayer

As the lead of TCI's Francophone West Africa Hub, IntraHealth supports 29 cities in Senegal, Côte d'Ivoire, Niger, Togo, Benin, and Burkina Faso to rapidly scale up proven family planning high-impact practices (HIPs) and adolescent and youth sexual and reproductive health services. Through technical and management coaching, IntraHealth supports local governments to sustain improvements in urban health systems and increase use of modern contraception by offering a core package of HIPs, including free family planning special days; postpartum family planning services; universal referral; and family planning outreach and education via mass media, community health workers, and FP champions.



The mayor of Pikine city, Senegal (center), and the chief medical doctor of Pikine health district (far left), hand over tools for implementing HIPs for family planning to the district's health center manager. The Bill & Melinda Gates-funded INSPIRE and The Challenge Initiative programs, with support from Senegal's National Directorate for Maternal and Child Health, helped prepare and validate these tools. Photo by Fatimata Sow for IntraHealth International.

Maximizing Program Synergies to Advance Family Planning Uptake

Recognizing the shared geographical focus and complementary approaches of INSPIRE and The Challenge Initiative (TCI), funded by the Bill & Melinda Gates Foundation, IntraHealth initiated collaboration between these programs in 2023 to capitalize on synergies, expand best practices, and pool collective resources.

In Pikine and Touba, Senegal, IntraHealth trained 157 nurses and midwives in both INSPIRE and TCI approaches, enhancing their capacity to deliver integrated services.

We also trained 285 community health workers to promote contraceptive use in their communities and facilitate referrals to health facilities.

Using these approaches to date, TCI has:

- **Scaled up use of family planning HIPs** in 1,628 health facilities
- **Trained 1,091 providers** on contraceptive technologies, 6,427 providers on universal referral, and 555 providers on postpartum family planning
- **Enrolled 223,791 additional family planning clients** as of December 2024; **47% of new FP users** were recruited through universal referral, 70% of whom were in the postpartum period
- **Oriented 1,011 municipal officials** on family planning HIPs and adolescent/youth sexual and reproductive health services
- **Facilitated \$1,233,301 in local contributions from municipalities**, which were spent on sustainable family planning implementation and HIP scale-up.



SpeakUpAfrica.

Positioning Speak Up Africa to Lead Regional Family Planning Advocacy and Programming

The Ouagadougou Partnership (OP) was established in 2011 to support collaboration among nine countries in West Africa to address high levels of unmet need for family planning. As a family planning thought leader in West Africa, IntraHealth was selected by the OP donors to administratively host and support the functioning of the OP Coordination Unit.



On World Neglected Tropical Diseases Day, Speak Up Africa answers the global call to “Unite, Act, Eliminate” with its GO BEYOND initiative. Photo courtesy of Speak Up Africa.

In 2021, as part of our localization approach, IntraHealth transitioned its administrative and financial services for the OP Coordination Unit to a leading Senegal-based organization, Speak Up Africa, to continue critical regional advocacy and programmatic work for family planning.

With initial support from IntraHealth, Speak Up Africa now independently oversees the OP Coordination Unit’s financial management, staffing, partner management, and grant management.

Classroom to Care (C2C) (2021–2026)

FUNDER: Takeda Pharmaceutical Company Limited

IntraHealth works with 12 private schools in Senegal, Niger, and Mali to sustainably increase the number of qualified, well-trained nurses and midwives who can serve rural communities in these countries—all of which face a critical shortage of health workers. IntraHealth helps four private schools in each country partner with the public sector, achieve the appropriate accreditations, enhance competency-based curricula, create effective learning approaches, and graduate students from underserved areas.



At the Vicenta Maria School of Ségou in Mali, midwife Marguerite Diarra trains a student in obstetrical care. C2C has trained 250 teachers like Marguerite across Mali, Niger, and Senegal. Photo by Amadou Iam Diallo for IntraHealth International.

As part of its support, IntraHealth helped develop capacity-strengthening plans for each school, roll out a six-semester eLearning curriculum on maternal and child health, equip 12 skills labs with tools for hands-on training, and equip nine clinical practicum sites with high-tech simulation equipment. Now at the end of the third year of the project, **6,912 nursing and midwifery students—73.7% of whom are women—are benefiting from updated curricula adapted to local clinical practice.**

In Senegal, IntraHealth works with four private schools in Thies, Kaolack, Saint Louis, and Kolda regions to give equal access to quality training to communities in rural areas that are often difficult to reach and far from the capital. The project’s initial achievements in Senegal have enabled the four private schools to:

- **Achieve accreditation** under West African Health Organization standards and use competency-based curricula, practical teaching aids, digital learning tools, and clinical simulation labs to **train more than 200 teachers and coaches and teach 1,540 nursing & midwifery students**
- **Deploy diversity, equity, and inclusion (DEI) practices**, including infrastructure upgrades and curriculum updates, to increase the number of graduates from marginalized communities and vulnerable groups.

RECENT PAST PROJECTS



The nurse at Yoff Ndenatte health center in Dakar, Senegal, screens a client for hypertension as part of the CARDIO4Dakar project. Photo by Clément Tardif for IntraHealth International.

CARDIO4Dakar (2022–2024)

FUNDER: Novartis Foundation

CARDIO4Dakar expanded the work of the Better Hearts, Better Cities project (2017-2021), where IntraHealth partnered with Senegal's Ministry of Health and Social Action to test evidence-based, scalable approaches in Dakar to thwart the rise of hypertension and other non-communicable diseases (NCDs). With CARDIO4Dakar, we expanded this partnership by **co-creating four performance-based district grants** to implement the CARDIO package, including working with community groups to **produce geospatial maps** that guided targeted NCD outreach and facilitated referrals to care. We also helped the ministry to **develop cardiovascular disease eLearning courses and an eTracker dashboard**, linked to HMIS (DHIS2), to enable longitudinal tracking of patients over time and reduce loss to follow-up.

MOMENTUM Safe Surgery in Family Planning & Obstetrics (2020–2025)

FUNDERS: USAID; Prime: EngenderHealth

In Senegal, IntraHealth led comprehensive training and technical assistance for local organizations and health workers to **address key skill gaps in providing long-acting reversible contraception (LARC), permanent methods, and maternal health services in Dakar and the surrounding regions.**



A young mother receiving postnatal care in Guediawye, Senegal. Photo by Jonathan Torgovnik for IntraHealth International

Our technical assistance improved access to and quality of voluntary, informed, consented, and safe surgical care for both family planning and obstetrics, with a focus on peripartum hysterectomy; prevention of unnecessary caesarean delivery; prevention and treatment of obstetric and iatrogenic fistula; and voluntary family planning.

Other Past Projects & Funders

- ▶ **Global Health Supply Chain Francophone Task Order, 2017-2022, USAID**
- ▶ **Better Hearts Better Cities-Dakar, 2017-2021, Novartis Foundation**
- ▶ **ISD-HB/Neema, 2016-2021, USAID**
- ▶ **The Challenge Initiative, 2016-2021, Bill & Melinda Gates Foundation**
- ▶ **Ouagadougou Partnership Coordination Unit, 2012-2021, William and Flora Hewlett Foundation, Bill & Melinda Gates Foundation**
- ▶ **Strengthening Civil Society Engagement for Family Planning, 2011-2021, William and Flora Hewlett Foundation, Dutch Embassy**
- ▶ **Evidence to Action, 2014–2018, USAID**
- ▶ **Informed Push Model/Yeksi Naa, 2013–2018, Bill & Melinda Gates Foundation, Merck for Mothers**

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