

HEALTH WORKERS FOR EVERYONE, EVERYWHERE

ANNUAL REPORT 2013






"It always seems impossible until it's done." — Nelson Mandela



Advances in
science and technology
have revolutionized
the way we approach
health care.

A young girl with dark skin, wearing a beige long-sleeved shirt and a white shawl with fringed edges, is the central figure. She is carrying a baby on her back, secured with a white cloth and purple straps. The baby's face is visible, looking towards the camera. The girl is holding a small blue cup in her right hand and a few small, light blue pills in her left palm. The background is a blurred, outdoor setting with a sandy or dusty ground and some indistinct structures or objects in the distance.

We have more effective
medicines and treatments
available now than at
any other time in human history.



We're living
longer than ever
and our potential for
health and well-being
is constantly expanding.



SO WHY ARE SO MANY OF US STILL SUFFERING?

Over 2 billion people live in poverty and do not have access to high-quality health care—or to the health workers who provide it.



Every year, **287,000 women** die from complications related to pregnancy or childbirth.



In 2012, cancer killed **8.2 million people**.



Cardiovascular disease kills **17 million people** every year.



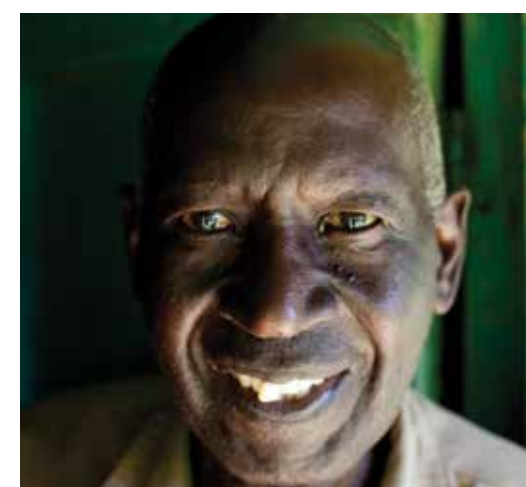
6.6 million children under the age of five died in 2012, more than half from preventable causes.



WE'RE ON A MISSION
TO ENSURE THAT
**EVERY PERSON IN
EVERY COMMUNITY**



AROUND THE WORLD
HAS ACCESS TO
**HIGH-QUALITY
HEALTH CARE.**



In 2013, IntraHealth International reached over
178,000 HEALTH WORKERS.

We help health workers to be **present** where they're needed most, **ready** to do the job, **connected** to the technology they need, and **safe** to do their very best work, without threat of violence or workplace accidents.





And in turn, those workers provided high-quality health care to

356 MILLION PEOPLE

around the world.



IntraHealth has worked in
100 COUNTRIES

FOR 35 YEARS
to improve global health by
empowering health workers.



THE WORLD IS EXPERIENCING A HEALTH WORKER

SHORTAGE

Not only does IntraHealth help countries add personnel to their health workforces, but we also help them make the best use of the health workers they already have.

There is a global shortage of **7.2 million** health workers, according to new estimates by the World Health Organization.

By 2035, that number could grow to **12.9 million**.

But it doesn't have to.



**...WHEN EVERYONE HAS ACCESS TO
A HEALTH WORKER?**





A WORLD THAT'S
SYSTEMATIC

Strong communities need strong health systems.

Since 2000, IntraHealth has worked with government and local partners to strengthen the national health system of Senegal, home to one of our largest country programs. Through our projects, we've worked to improve health care services at individual facilities, to reduce malaria infections, and to expand access to family planning nationwide.

Senegal's context and its challenges are unique. We work with our partners to meet those challenges, whether it's through technology—such as our interactive voice response training for health workers—or through physical commodities—such as making sure contraceptive supplies are available when and where they should be.

With the strong support of the US government, the Bill & Melinda Gates Foundation, Merck, the Global Fund, the William and Flora Hewlett Foundation, and others, IntraHealth continues to strengthen Senegal's health sector—and to create a healthier Senegal.

SENEGAL



Since 2010, Senegal has increased its contraceptive prevalence rate from **12% to 16%**.



We helped distribute **3,285,667 mosquito nets** treated with long-lasting insecticides, the use of which will save **890,523 healthy life years** that would otherwise have been lost.



In 2013, IntraHealth helped train **4,027 health workers** in Senegal.



A WORLD THAT'S INFORMED

Universal health coverage starts with data.

Since 2007, IntraHealth's free, open source iHRIS software suite has helped countries around the world track and manage their health workforce data.

iHRIS (pronounced "iris") helps health sectors replace scattershot, paper-based filing systems with electronic records and databases that are easier to share, manage, and update. Officials can keep track of how many health workers are currently providing care, where they're based, what they're qualified and licensed to do, and more.

Such powerful data enable countries to better budget for their health sectors and make sure care is available to all people, especially where it's needed most.

iHRIS is supported by the IntraHealth-led CapacityPlus Project, which is funded by the US Agency for International Development.

TECHNOLOGY



In 2013, IntraHealth helped deploy **206 health workforce** information systems.



19 countries are now using iHRIS to support **over 800,000** health worker records.



It would cost these countries **\$149 million** in licensing fees alone to support 800,000 records using proprietary software.



A WORLD THAT'S CARING

Philo, a palliative care nurse, loves her job—even when things get tough.

Mary Philomena Okello always wanted to be a nurse. Now Philo, as she's nicknamed, does just that at the Lira Regional Referral Hospital in Uganda. There she brings comfort to those who are dying or in great pain. She sees about 20 patients per day, including many children—mostly AIDS orphans.

Philo is the only palliative care nurse for miles, an illustration of Uganda's desperate shortage of health workers. "I love palliative care—it has changed my life," she says. "But the patients are many. I need more people trained."

That's why last year IntraHealth helped Uganda add 7,200 new members to its health workforce, boosting the percentage of positions filled from 58% to 70% nationwide. And we're helping to make sure that percentage keeps growing.

The IntraHealth-led Uganda Capacity Program is funded by the US Agency for International Development.

UGANDA



In 2013, IntraHealth helped Uganda add **7,200 new members** to its health workforce.



1.5 million people were living with HIV in Uganda in 2013.



IntraHealth's activities in Uganda reached **30,157 health workers** last year, supporting key areas such as recruitment, planning, and management.



A WORLD THAT'S CAPABLE

When organizations and individuals perform their best, health systems flourish.

Throughout Central America, prejudice and stigma against people living with HIV can keep them from getting the care they need.

That's why IntraHealth helps governments in Belize, Costa Rica, El Salvador, Guatemala, and Panama apply our Optimizing Performance and Quality method—a cyclical process for analyzing health care performance at all levels, whether it's that of individual workers or of national systems.

Last year we helped apply the method at 57 hospitals throughout the five countries. As a result, over 4,000 health workers are providing better HIV care than ever. That means Central Americans living with HIV can be healthier and more knowledgeable—and that they're less likely to transmit the virus to others.

The Central America CapacityPlus Project is funded by the US Agency for International Development.

HIV/AIDS



In 2013, we helped provide HIV testing and results for **891,628 people** around the world.



And we helped provide antiretroviral therapy for **10,122 people** worldwide.



IntraHealth gave regular supervisory support to health workers who provide HIV services at **65 facilities** in Central America in 2013.



A WORLD THAT'S
CONNECTED

In rural India, mobile phones can mean better health care.

India has nearly 1 billion mobile phone subscribers. It also has one of the highest rates of maternal deaths in the world. So when India's government began looking for ways to harness mobile technology to improve health care, IntraHealth responded with mSakhi, a simple mobile app that helps frontline health workers better care for women and newborns.

Since 2006, the government of India has trained over 820,000 community health workers called ASHAs, or accredited social health activists, to reach the country's most impoverished and remote communities. But many ASHAs lack literacy skills, which can make it difficult for them to update their knowledge.

Now the highly visual and auditory mSakhi not only helps ASHAs who have access to it to update their skills, but also serves as a resource during client interactions. The app helps ASHAs counsel families on everything from birth preparedness to caring for a sick newborn. With mSakhi, one ASHA said, "mothers and their family members listen to me more seriously."

The Manthan Project was funded by the Bill & Melinda Gates Foundation.

INDIA



With **56,000 maternal deaths** each year, India accounts for almost 20% of maternal deaths globally.



In 2013, IntraHealth helped **1,508 health workers** connect to technology-assisted training programs around the world.



In 2013, IntraHealth helped train **3,825 health workers** to care for mothers, newborns, and children.



A WORLD THAT'S

EDUCATED

With the right training, health workers can be ready for anything.

Health training programs in Kenya often take place in hotels or other venues far from the action. But learning onsite in health facilities has proven to be a vastly more effective and less expensive way for health workers to pick up new skills.

That's why IntraHealth is working to provide training for nurses from around the country at health care facilities such as the Tenwek Mission Hospital, which is known across the Rift Valley for its high quality of care. Students can observe and shadow seasoned health workers and learn best practices that they'll then take back to their own hospitals and clinics.

Together with Kenya's Ministry of Health, IntraHealth is working to improve national education and training systems. As part of that effort, we've made a commitment through the Clinton Global Initiative to use locally designed technology to develop the next generation of computer- and mobile-based learning for Kenya's frontline health workers.

The FUNZOKenya Project is funded by the US Agency for International Development and receives additional support from the Pfizer Global Health Fellows Program. We also partner with Intel, Safaricom, and others in our commitment through the Clinton Global Initiative.

KENYA



Kenya has **fewer than 8 nurses and midwives per 10,000 people**—not nearly enough to keep up with the population's demand.



1,301 of those were trained using eHealth tools.



In 2013, IntraHealth helped provide training for **5,266 health workers** in Kenya.



A WORLD THAT'S HOPEFUL

Today we have the largest population of youth in human history.

Of the 7 billion people on the planet, more than 3 billion are under the age of 25. And more than 1 billion are between the ages of 15 and 24. The collective choices young people make today will influence global health, population, and development throughout the 21st century and beyond.

To stay healthy, young people need resources and information, particularly about family planning. Or, as we like to call it, future planning.

This year, IntraHealth teamed up with the Beat Making Lab and PBS to get youth in Ethiopia talking about the resources they need to plan their futures. Together, we spurred some powerful conversations—and produced a series of music videos that make us all feel like dancing.

The Beat Making Lab's collaboration with IntraHealth is just one partnership that was sparked at SwitchPoint, an annual event hosted by IntraHealth that convenes the brightest thinkers from across oceans and industries. For more information visit event.switchpointideas.com.

YOUTH



Today more than 3 billion people are under the age of 25 —**that's 43% of the world's population.**



There are **1 billion 15-24 year olds** living today and more than 80% live in low- and middle-income countries.



In 2013, IntraHealth helped train **1,534 health workers** around the world to offer high-quality family planning services.



A WORLD THAT'S

THRIVING

For promising students who can't afford tuition, scholarships lead to livelihoods.

When her mother died, the money Abeke (not her real name) had saved to finish midwifery school went to burial ceremony fees instead. "I wept but could not get support from any relatives," Abeke says. "There was no assistance from any angle. To defer my admission was the only option."

But then Abeke earned a scholarship through the IntraHealth-led CapacityPlus Project, USAID's flagship global initiative to strengthen the health workforce. IntraHealth has administered 2,065 scholarships to promising Nigerian students like Abeke who want to become health workers. "The scholarship will help me achieve my goal in life," Abeke says. "I am really thankful."

Nigeria has a major shortage of health workers, including only about 16 nurses and midwives for every 10,000 people. Today the scholarships will help Abeke and her classmates move toward productive careers in health care. But the benefits for Nigeria will reach far into the future.

The CapacityPlus Project is funded by the US Agency for International Development.

NIGERIA



In 2013, our programs strengthened health worker education at **19 Nigerian universities.**



Scholarships helped **403 community health extension workers** graduate (12% more than projected).



IntraHealth has administered **2,065 scholarships** to Nigerian students who want to become health workers.



A WORLD THAT'S RESTORED

One simple surgery gave Nassarata a whole new life.

Nassarata was 19 when a complicated labor left her incontinent, a symptom of a childbirth injury called obstetric fistula. For almost a decade, she went untreated, suffering and shunned by her community.

When IntraHealth first started strengthening fistula services in Mali, only one surgeon in the whole country knew how to treat complicated cases. We helped him train 18 others. And together with Mali's government and local partners, we worked to make high-quality fistula services available in seven treatment sites across Mali.

During one of our treatment campaigns, Nassarata came for help at last. A surgeon repaired the fistula, free of charge. Now that she's healed, she says, she wants to start a business—and someday have another baby.

The Fistula Care Project was funded by the US Agency for International Development (USAID). IntraHealth led the project's efforts in Mali and is continuing to improve fistula care through a new USAID-funded project. Together with local partners, we will help rebuild and restore Mali's health sector after years of conflict.

MALI



The average woman in Mali will have **7 children** in her lifetime.



IntraHealth has helped provide **460 fistula repair surgeries** in Mali.



We helped train **18 doctors and 311 nurses** in fistula surgery and management in Mali.



A WORLD THAT'S UNITED

Together, we can change the course of global health.

IntraHealth works as a convener, bringing together local and international experts to create change that works within each country's unique context. We work closely with local governments and organizations to strengthen health systems and make high-quality health care available for everyone, from urbanites to families in remote villages.

We know that each community's health care needs are different. Whether it's a call for services in HIV, family planning, maternal and child health, nutrition, noncommunicable diseases—or a need for more health workers to provide those services—we partner with and bring together the people who can make it happen.

IntraHealth also serves on many initiatives and task forces to support international agencies, organize and advance civil society coalitions, and advocate for change on a global scale. Because tackling today's global health challenges requires a united front.

PARTNERSHIPS



In 2013, we partnered with **791 local entities** around the world to increase the number of qualified health workers in their communities.



In 2013, IntraHealth helped more than **100 civil society organizations** in Benin, Mali, and Senegal to advocate for family planning.




On average, Americans believe 28% of the US federal budget is spent on foreign aid, when it **is only about 1%.**

At IntraHealth, we believe that **health care for all is possible.**



Rich or poor, young or old,
rural or urban—we must
take care of each other.



A woman in pink scrubs and a hairnet is smiling broadly with her hands open. She is standing in front of a colorful mural depicting healthcare workers in various colored scrubs (blue, pink, green) and aprons. The mural is painted on a light blue wall. The woman is wearing a pink hairnet and a pink scrub top with a pocket. Her hands are held out in a gesture of openness or welcome.

And that includes
HEALTH WORKERS
because they take care of us all.



Pape A. Gaye, President and CEO

In 2013, the world lost Nelson Mandela—a gift, a visionary, a doer. We open this report with this quote that reminds me not just of his greatness, but of how to honor and build on his legacy:

It always seems impossible until it's done.

At IntraHealth, we want to change the world, but first we must picture what that change will look like, no matter how far-fetched. And then, we must take the steps to get there.

Already, we can see it. Communities are thriving thanks to the great progress we've made in global health. Even the most cynical are now talking about an AIDS-free generation, which seemed impossible a mere 10 years ago. And most of all, we see health workers around the world, in tasks both mundane and heroic, saving lives and making a difference.

This year, more than 178,000 of these health workers benefitted from IntraHealth programs. By 2020, we'll be reaching more than 400,000 annually. And then we'll get even bolder. We'll keep stepping forward until we achieve our vision and every person has access to trained, equipped health workers.

But vision alone is not enough, and the obstacles are many.

Today we also see health workers being killed for delivering lifesaving vaccines. We see children dying of preventable illnesses and women dying needlessly in childbirth. We look at unrest in Syria, Mali, South Sudan, and the Central African Republic, and see progress erased or even reversed.

Universal access to high-quality health care is achievable, but only with each country's local expertise and self-determination. We are reaching out to both longtime and unexpected partners to help us quicken our pace and build the bridges we need to get there.

There is no doubt that our environment will continue to change, that IntraHealth and other NGOs must evolve, and rapidly. Our work is not done, but it's not impossible. We hope you'll join us as we take the next step forward.



“ By 2020, we'll be reaching more than 400,000 health workers annually. ”



We're stronger together than we are individually.

IntraHealth partners with coalitions and initiatives across sectors to effect the greatest change possible. Together, we make health systems—and communities—stronger and healthier around the world.

IntraHealth serves as the secretariat for the Frontline Health Workers Coalition, Safeguarding Health in Conflict, the Global Social Service Workforce Alliance, and the Health Workforce Advocacy Initiative.

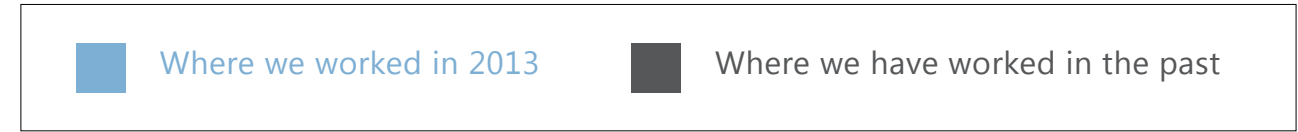
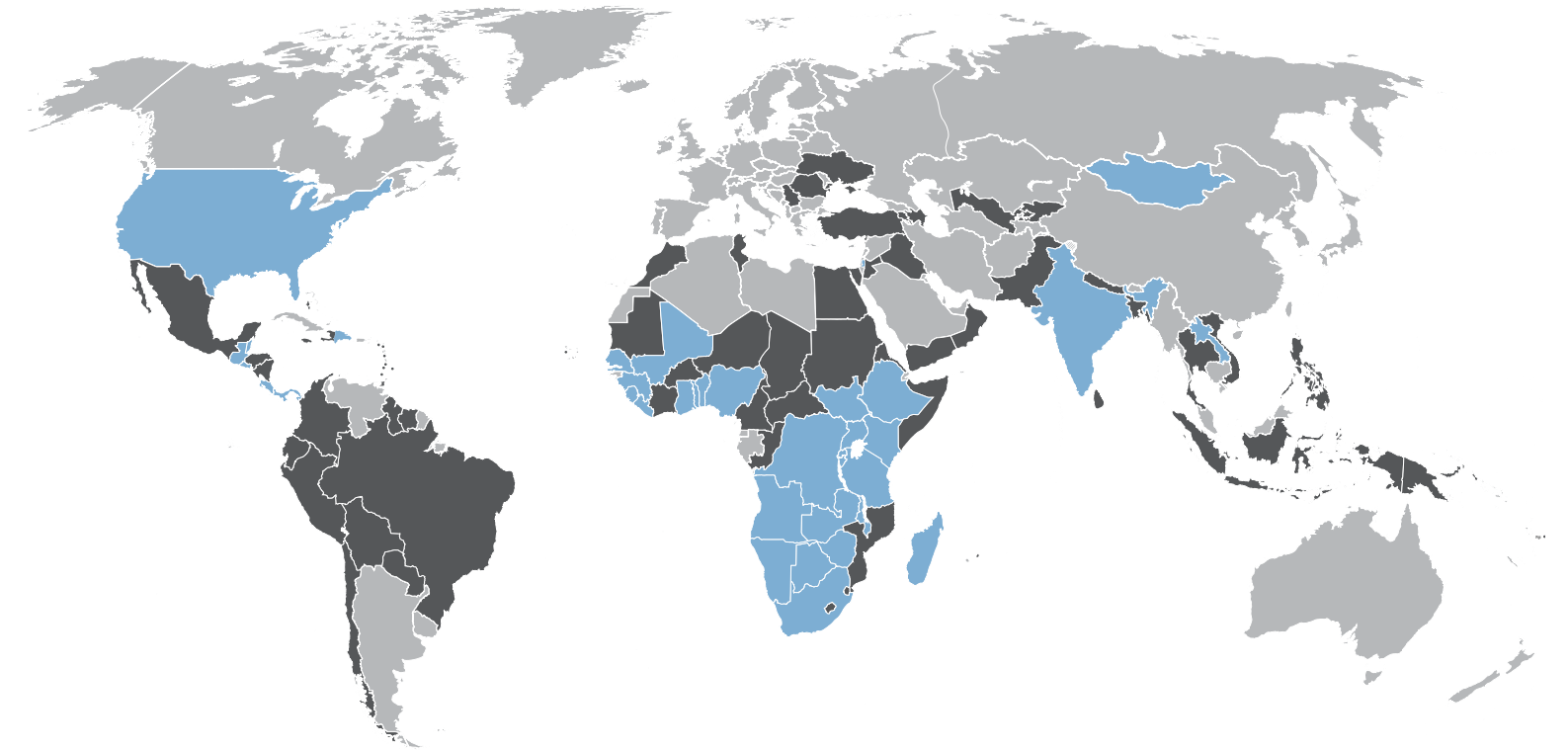
Sometimes finding real solutions means convening ideas from across oceans and industries.

IntraHealth's annual **SwitchPoint** gathering convenes the brightest thinkers and entrepreneurs from the fields of global health, technology, media, communications, development, the arts, business, and more to tackle the critical global health challenges of our day.

For more information visit event.switchpointideas.com

Where We Worked in 2013

- | | |
|----------------------------------|--------------------------|
| Angola | Mongolia |
| Belize | Namibia |
| Benin | Nigeria |
| Botswana | Panama |
| Burundi | Rwanda |
| Costa Rica | Senegal |
| Democratic Republic of the Congo | Sierra Leone |
| Dominican Republic | South Africa |
| El Salvador | South Sudan |
| Ethiopia | Tanzania |
| Ghana | Togo |
| Guatemala | Uganda |
| India | United States of America |
| Kenya | West Bank/Gaza |
| Lao People's Democratic Republic | Zambia |
| Liberia | Zimbabwe |
| Madagascar | |
| Malawi | |
| Mali | |



Since 1979, IntraHealth International has worked in 100 countries around the world.

Financial Report

Statement of activities and change in net assets for the year ended June 30, 2013

	2013			2012
	Unrestricted	Temporarily restricted	Total	Total
Revenue				
Contributions and grants				
U.S. Government grants	\$77,184,984	\$ -	\$77,184,984	\$72,247,183
Non-U.S. Government grants	641,751	12,396,509	13,038,260	5,316,138
Contributions	204,015	-	204,015	236,030
Contributed services and materials	3,588,178	-	3,588,178	7,352,044
Net assets released from donor restrictions	<u>7,266,395</u>	<u>(7,266,395)</u>	<u>-</u>	<u>-</u>
Total revenue	<u>88,885,323</u>	<u>5,130,114</u>	<u>94,015,437</u>	<u>85,151,395</u>
Expenses				
Program services	<u>74,382,481</u>	<u>-</u>	<u>74,382,481</u>	<u>70,909,654</u>
Supporting services				
General and administrative	12,843,198	-	12,843,198	11,658,773
Fundraising	165,596	-	165,596	104,823
Bid and proposal	<u>1,459,256</u>	<u>-</u>	<u>1,459,256</u>	<u>1,346,182</u>
Total supporting services	<u>14,468,050</u>	<u>-</u>	<u>14,468,050</u>	<u>13,109,778</u>
Total expenses	<u>88,850,531</u>	<u>-</u>	<u>88,850,531</u>	<u>84,019,432</u>
Change in net assets	34,792	5,130,114	5,164,906	1,131,963
Net assets at beginning of year	<u>1,257,432</u>	<u>4,385,282</u>	<u>5,642,714</u>	<u>4,510,751</u>
Net assets at end of year	<u>\$ 1,292,224</u>	<u>\$9,515,396</u>	<u>\$10,807,620</u>	<u>\$5,642,714</u>

These statements were audited by Gelman, Rosenberg & Freedman, Certified Public Accountants.

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You can help us pursue our vision for a healthy, productive world.

Health workers who are present, ready, connected, and safe can improve the health of individuals, families, and communities across the globe.

Health workers can help us all build a better world.

Donate today to help us invest in them.

Notes: Calculation of health worker reach on page 16 is based on the conservative estimate that each health worker provides care for at least 2,000 clients per year. Photo subjects do not necessarily depict individuals referenced.

Photos taken with subjects' permission by Carol Bales, Uko Gabriel Chukwudi, Trevor Snapp, Clément Tardif, and Christopher Wilson.

Data sources include IntraHealth's integrated results reporting system, Kaiser Family Foundation, Save the Children, the Telecom Regulatory Authority of India, the 2012-2013 Senegal Demographic and Health Survey, UNAIDS, UNFPA, the World Bank, and the World Health Organization.



IntraHealth

INTERNATIONAL

Because Health Workers Save Lives.



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